

**JAPAN KARATE ASSOCIATION
SHOTOKAN KARATE-DO INTERNATIONAL**



2018 FALL TRAINING CAMP

JKA OF ALBANY

SAT. & SUN. – SEPTEMBER 22nd & 23rd

CAMP INSTRUCTORS

MASTER MASATAKA MORI – 9th Dan

CHIEF INSTRUCTOR: EMERITUS

SHU TAKAHASHI – 7th Dan

CHIEF INSTRUCTOR: JKA Shotokan Karate-Do International

Assisting Camp Instructors, Sensei

Douglas Luft

7th Dan

JKA of Albany

Eiji Toriu

6th Dan

JKA of Boston

Robert Jacobs

6th Dan

JKA of UConn

Mattie Thomas

6th Dan

Karate Spirit, CT

This year's Fall Training Camp and Instructor Training will be held on the weekend of Saturday September 22nd and Sunday September 23rd. The JKA of Albany is pleased to host this year's camp at the Bethlehem YMCA. As in the past, Sensei Mori will be instructing the weekend's classes. Below is a tentative training and meal schedule.

Saturday September 22nd	Registration	9:00 AM – 10:00 AM
	Practice	10:00 AM – 11:30 PM
	Registration	1:30 PM – 2:00 PM
	Practice	2:30 PM – 4:00 PM

**** DINNER: 5:00-8:00 PM - At the Maple Ridge Park Pavilion ****

Sunday September 23rd	Registration- Coffee, Bagels, etc.	8:00 AM- 9:00 AM
	Practice	9:00 AM-11:00 AM

All practices will be held at the Bethlehem YMCA gymnasium, **900 Delaware Avenue, Delmar, NY 12054**

	Black Belts	Brown Belts	Green Belts	White Belts or Under 18
Entire Camp	\$100	\$85	\$75	\$65
Per Class	\$45	\$45	\$35	\$30

Pre-registration is requested by September 14th to facilitate planning. If paid in advance by September 14th, the fee is discounted by \$10 for the entire camp or \$5 per class.

Send registration form and fee to Sensei Douglas Luft, 127 Mt. Hope Dr., Albany, NY 12202, Make checks payable to JKA Of Albany.

Contact Information, Doug Luft, (518) 445-0830, jkaaluft@hotmail.com.

2018 Fall Training
Camp
Registration Form

Registering Club Name

Registration Due By:

September 14, 2018

Return To: JKA of Albany
c/o
Douglas G. Luft
127 Mt. Hope
Drive,
Albany NY
12202

Club Name: _____

Club Address: _____

Phone: _____

Comments: _____

Member Name	Rank	Rel. Form	Accommodations	Deposit Rec'd	Balance Rec'd

Totals

Release of Liability

I understand that my participation in the JKA Fall Training Camp in Delmar, New York, on September 22nd & 23rd, 2018 is at my own risk, and I agree not to hold the Japan Karate Association of Albany Inc., or the JKA Shotokan Karate-Do International, or the Bethlehem YMCA or its members or employees responsible or liable for any loss, injury, or accident resulting from my participation.

Read and Understood:

Date: _____

Participant Signature: _____

Parent/Guardian Signature: _____

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Read and Understood:

Date: _____

Participant Signature: _____

Parent/Guardian Signature: _____

Accommodations 2018

Comfort Inn

37 Route 9W
Glenmont, NY 12077
(518) 465-8811
Fax (518) 465-5732

Rate: \$104.00 Single or Double – 2 Queen.

Continental Breakfast

20 Rooms reserved, please identify “JKA of Albany”.

Cutoff Date: to Reserved Rooms is September 1st.

Directions:

From NYS Thruway (87) Exit 23, take a Right on Rt. 9W, half mile, Comfort Inn is on the Right.

Quality Inn

15 Frontage Road
Glenmont, NY 12077
(518) 449-5181
Fax: (518) 432-9953

Rate: \$109.00 Double or King.

Continental Breakfast

20 Rooms reserved, please identify “JKA of Albany”

Cutoff Date: to Reserved Rooms is September 8th.

Directions:

From NYS Thruway (87) Exit 23, take a Right on Rt. 9W, go exactly one mile, **Quality Inn** is on the Right.

Directions to the Bethlehem Area YMCA



Bethlehem Area YMCA
900 Delaware Ave
Delmar, NY 12054

(518) 439-4394

From Points West (Buffalo, Rochester, Syracuse)

1. Take NYS Thruway (I-90) to Exit 23
2. After you pass through the toll booths, you will want to veer to the right for 9W.
Take a right onto 9W (South)
3. Follow directions from 9W

From Points South (New York City)

1. Take NYS Thruway (I-87) North to Exit 23
2. After you pass through the toll booths, you will want to veer to the right for 9W.
Take a right onto 9W (South)
3. Follow directions from 9W

From Points East (Massachusetts, Connecticut)

1. Take I-90 West into New York State
2. Take Exit 6A toward I-787 Albany. Stay to the left for I-787 South
3. Continue on I-787 South until the end.
4. Turn right onto McCarty Ave
5. Continue onto 9W/Southern Blvd

6. Follow directions from 9W

From Points North

1. Take I-87 South (Adirondack Northway)
2. Take exit 7 for NY-7 E toward Troy/Cohoes
3. Exit right to I-787 South
4. Continue on I-787 South until the end.
5. Turn right onto McCarty Ave
6. Continue onto 9W/Southern Blvd
7. Follow directions from 9W

Bethlehem Area YMCA from 9W

1. Merge onto Route 32 South / Delmar Bypass. Stay straight on 32 until you get to the T on the road (approximately 3.9 miles).
2. Turn right onto Van Dyke Road (you will pass the high school on your right).
3. At the traffic light, turn left onto Delaware Ave. The YMCA will be about $\frac{3}{4}$ of a mile on your left at the top of the hill.